

# Yogurt and Yogurt Drinks: Inc Impact of COVID-19 - UK - July 2020

Report Price: £2195 | \$2995 | €2600

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## This report looks at the following areas:

The heightened focus on health and specifically immune health brought about by the outbreak remains a key opportunity for the market.

### Overview

39% of women aged 16-34 would be interested in yogurts/yogurt drinks with beauty-enhancing ingredients, and 27% of men of this age, providing evidence of the expansive scope for yogurt to build on its long-standing better-for-you associations to unlock new need-states.

The COVID-19 outbreak struck a blow to the market in 2020 as the lockdown saw spoonable yogurt hit by loss of lunchbox occasions and competition at breakfast and snack times, though strong health connotations boosted drinking yogurt. Volumes are anticipated to recover in the second half thanks to consumers' heightened health focus and return to schools and workplaces. While the spotlight on health will continue to boost sales in 2021, this uplift will lessen over 2022-25.

The income squeeze triggered by the outbreak will put brands under growing pressure to prove their value in the price-driven category, with 62% of buyers influenced by this. This rises to 71% among those with 'tight' finances, this group also eating yogurt less often. The typically pricier plant-based segment also stands to feel this scrutiny. However, learnings from 2008-10 show that a compelling proposition can justify a premium price.

Promisingly for the market, the COVID-19 outbreak has put immune health firmly in the spotlight, fuelling consumer interest in food and drink supporting this. Emphasising their live cultures offers a key means for brands to tap into this demand, as 67% of adults see yogurts/yogurt drinks with these as good for the immune system.



"The changes to consumers' habits and priorities brought about by the COVID-19 lockdown hit spoonable yogurt in spring 2020. The income squeeze triggered by the outbreak means challenging times ahead for brands, dialling up the need to prove their added value in the already highly price-led category."

– Alice Baker, Research Analyst

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## Key issues covered in this Report

- The impact of COVID-19 on the yogurt and yogurt drink markets.
- The outlook for the market in the forthcoming recession and the following years.
- The latest new product development (NPD) trends and key concepts of interest to consumers.
- Consumer behaviour and attitudes towards yogurt and yogurt drinks.

## COVID-19: Market context

The first COVID-19 cases were confirmed in the UK at the end of January, with a small number of cases in February. The government focused on the 'contain' stage of its strategy, with the country continuing to operate much as normal. As the case level rose, the government ordered the closure of non-essential stores on 20 March.

A wider lockdown requiring people to stay at home except for essential shopping, exercise and work 'if absolutely necessary' followed on 23 March. Initially, a three-week timeframe was put on the measures, which was extended in mid-April for another three weeks.

Some primary schools reopened for Reception, Year 1 and Year 6 pupils on 1 June, 2020. However, not all schools re-admitted pupils, particularly in areas hardest hit by the pandemic, and parents were given the option not to send children to school if they were uncomfortable about doing so. Pupils in all year groups are not expected to be back in school until September.

The Health Protections Regulations 2020 came into effect on 15 June, allowing the reopening of all non-essential stores in England as well as the mandatory use of face coverings on public transport. Pubs, restaurants, hotels and hairdressers were able to reopen on 4 July, with many beauty businesses following on 13 July. From 24 July, it became mandatory to wear face coverings in shops and supermarkets.

## Economic and other assumptions

Mintel's economic assumptions are based on the Office for Budget Responsibility's central scenario included in its July 2020 Fiscal Sustainability Report. The scenario suggests that UK gross domestic product (GDP) could fall by 12.4% in 2020, recovering by 8.7% in 2021, and that unemployment will reach 11.9% by the end of 2020, falling to 8.8% by the end of 2021.

The current uncertainty means that there is wide variation on the range of forecasts however, and this is reflected in the OBR's own scenarios. In its upside scenario, economic activity returns to pre-COVID-19 levels by Q1 2021. Its more negative scenario, by contrast, would mean that GDP doesn't recover until Q3 2024.

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*We are working on the assumption that a vaccine will be available by mid-2021, but that there will be continued disruption to both domestic and global markets for some time after that.*

## Products covered in this Report

This Report examines the UK retail market for yogurts and yogurt drinks. Sales through foodservice establishments are excluded.

Mintel's definition of yogurt includes spoonable yogurt, fromage frais and yogurt drinks. Functional fermented milk drinks such as Yakult are included in the Report since cultures similar to those contained therein feature in products positioned as yogurt. The market size includes quark as it is a fermented dairy product, however its share of the market is small.

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- **Child population is pivotal for spoonable yogurt**
- **Half of adults eat flavoured dairy yogurts**  
Figure 65: Usage of spoonable yogurt/fromage frais, by type, May 2020
- **Usage of plain/flavoured non-dairy yogurts is low**
- **Fermented milk drinks usage peaks among under-35s**  
Figure 66: Usage of yogurt drinks/fermented milk drinks, May 2020

## USAGE FREQUENCY FOR YOGURT AND YOGURT DRINKS

- **Drinking yogurts see more frequent usage than spoonable**
- **Over-55s are the most frequent users of yogurt drinks**  
Figure 67: Usage frequency for yogurt and yogurt drinks, May 2020
- **Consumers' financial health is pivotal for the category**

## USAGE OCCASIONS FOR YOGURT AND YOGURT DRINKS

- **Yogurt and yogurt drinks are normally enjoyed on their own**  
Figure 68: Usage occasions for yogurt and yogurt drinks, by serve, May 2020
- **Spoonable yogurt is more likely to be used as an ingredient**
- **COVID-19 scratch cooking trend provides opportunities for yogurt**
- **Promote yogurt as a better-for-you substitute for cream in recipes**
- **Leverage the homemade smoothies trend**
- **Breakfast occasion dominates for yogurt drinks, while spoonable yogurt has more varied usage**  
Figure 69: Usage occasions for yogurt and yogurt drinks, by mealtime, May 2020
- **Innovate with more sophisticated flavours to encourage evening usage of yogurt drinks**  
Figure 70: International example of yogurt drink with cocktail-inspired flavour, 2019
- **Under-35s are the most likely to eat yogurt as a snack**
- **Offer fortified yogurts to strengthen image as a healthier option for afternoon snacking**
- **On-the-go formats attract strong consumer interest**

## CHOICE FACTORS FOR YOGURT AND YOGURT DRINKS

- **Yogurts must deliver on taste**
- **Better-for-you yogurts' focus on indulgence remains highly relevant**

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Figure 71: Choice factors for yogurt and yogurt drinks, May 2020

- Price influences 62% of buyers
- Ethical and environmental considerations hold limited sway

#### INTEREST IN INNOVATION IN YOGURT AND YOGURT DRINKS

- Yogurts/yogurt drinks with sugar alternatives appeal to 41% of adults

Figure 72: Interest in innovation in yogurt and yogurt drinks, May 2020

- Brands use fruits to provide sweetness to no-added-sugar yogurts
- Plant-based sweeteners warrant further exploration
- Plant-based yogurts with a smooth texture interest a third of adults
- Dairy/plant-based yogurt blends appeal especially to younger Millennials

Figure 73: Live Real Farms Lactose Free Dairy + Almond Original Milk Blend, 2019

- Dairy/plant-based yogurt blends can appeal on environmental grounds
- Organic brands are a particularly good fit for dairy/plant-based blends
- Yogurts/yogurt drinks with beauty-enhancing ingredients appeal especially to younger women
- Beauty or skin health claims are rare in yogurt/yogurt drinks category

Figure 74: International examples of yogurts/yogurt drinks making skin health claims, 2017-18

#### ATTITUDES TOWARDS YOGURT AND YOGURT DRINKS

- Flag up live cultures on-pack to tap into consumers' increased focus on immune health

Figure 75: Attitudes towards yogurt and yogurt drinks, May 2020

- Plant-based yogurts' environmentally friendly image rarely translates to usage
- Emphasise non-dairy yogurts' taste more strongly to grow usage
- Make the environmental benefits of switching to non-dairy yogurts tangible

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Figure 76: Facebook post from Alpro promoting the environmental 'savings' from switching to plant-based foods, 2020

- **Dairy yogurts with good environmental credentials should highlight this on-pack**

- **Tangibility is needed to justify higher price**

Figure 77: International examples of organic dairy product launches with on-pack statements about their environmental policies, 2020

- **Ambient yogurts can appeal both as a financially savvy and an environmentally friendly choice**
- **Ambient yogurt could leverage shelf-life and energy savings**

## APPENDIX – DATA SOURCES, ABBREVIATIONS AND SUPPORTING INFORMATION

- **Abbreviations**
- **Consumer research methodology**

## APPENDIX – ADVERTISING AND MARKETING ACTIVITY

Figure 78: Total above-the-line, online display and direct mail advertising expenditure on yogurt and yogurt drinks, by top four advertisers (sorted by 2019), 2019-20

## APPENDIX – BUYING OF YOGURT AND YOGURT DRINKS

Figure 79: Buying of yogurt and yogurt drinks, by dairy and non-dairy, May 2020

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