

## Vitamins and Supplements - UK - September 2016

Report Price: £1750.00 | \$2834.04 | €2223.04

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“Increased NPD and investment in marketing helped return healthy growth to the vitamins and supplements market. Demographically positioned vitamins proved among the biggest successes, reflecting consumer demand for more targeted health solutions and indicating that brands could explore specific gender- and age-related claims.”

– Jack Duckett, Senior Consumer Lifestyles

### This report looks at the following areas:

- Exploring more specific demographic issues
- Appealing to a wider male audience

This Report covers the following vitamins and supplements sectors:

**Vitamins –**  
multivitamins and single-dose vitamins (ie Vitamins A, B C, D, E etc).

**Minerals –**  
ie iron, zinc, calcium, potassium, magnesium, copper, selenium.

**Dietary supplements –**  
includes supplements such as cod liver oil, fish oils, gamma-linolenic acids (GLAs), evening primrose oil, glucosamine and herbs such as garlic, ginseng and ginger.

These products have GSL (General Sales List) status, ie they are available on open sale in all types of outlets including grocers, pharmacies and drugstores.

Unless a medicinal claim is made for the products, vitamins and supplements are not classified as medicines and, therefore, are not subject to the Medicines Act 1968 or the Medicines for Human Use Regulations 1994. They are, however, controlled by the Food Safety Act 1990, and therefore have to be fit for human consumption.

#### Excluded

Miscellaneous products claiming to be ‘vitamin-enriched’ or ‘performance-enhancing’ (ie protein shakes designed to help build muscle).

Homeopathic and herbal remedies (for more details please see Mintel's *Complementary and Alternative Medicine – UK, December 2015* Report).

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### DID YOU KNOW?

This report is part of a series of reports, produced to provide you with a more holistic view of this market

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Tapping into the physique boom

Vitabiotics invests in celebrity endorsement

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Professional and scientific opinion drive trust

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